



# Laser Procedures

## Post treatment Care

Dental laser procedures result in little to no discomfort. Take prescribed medications if any in accordance with the instructions provided.

One of the most important aspects of laser procedures is the healing that occurs afterwards. Therefore, it is important not to dislodge the sticky blood that has formed in the pocket in, or around the treated area.

Please feel free to contact us with any questions or concerns regarding your post laser treatment.

We recommend pasta with white sauce, non-tomato-based soups, fish, sauteed chicken, and yogurt.

Do not brush the treated area with an electric tooth brush for 7 days after treatment.

### **Daily Brushing and Flossing Instructions**

Light manual brushing on the treated area is recommended for 7 days following treatment. Brush only by placing the bristles of the brush on the gums below the tooth and gently roll the bristles toward the tooth surface. **DO NOT** place the bristles into gums around the bottom of the tooth.

When flossing, gently place between the teeth and avoid pushing down under the gums for approximately 7 days following treatment

